

Age Well Board Governance

Update for Health & Wellbeing Board

17th January 2024

Background

- The Age Well Board is a well-established group with a wide range of members and a broad agenda, chaired by Cllr Slater.
- The group would benefit from strengthened governance arrangements and the opportunity to formalise the contribution of wider workstreams.
- The group would benefit from a resetting of priorities and the development of an annual work plan to capture progress.
- We would like Health and Wellbeing Board members to consider the following proposals

Rebranding

Consider alternative names for the group:

- Independent Living Board
- Healthy Ageing Board
- Healthy Later Life Board
- Thriving in Later Life Board
- Independent and Thriving in Later Life Board

Any combination of these or other suggestions welcome.

Proposed vision and function

Vision – to work collaboratively to strengthen our prevention offer and improve outcomes for adults in later life.

Guiding principles

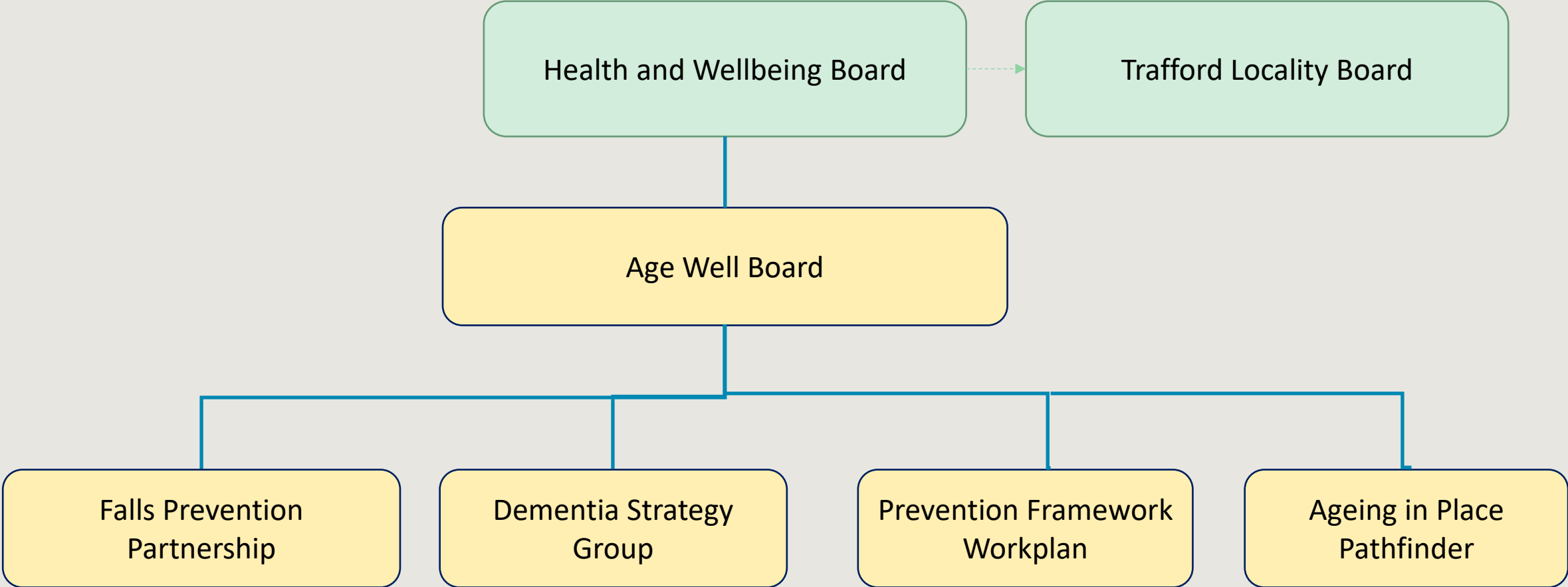
- We will embed prevention and promote healthier environments to enable residents to thrive in later life.
- We will improve partner relationships to enable coordinated services/support and reduce duplication.
- We will listen to, learn from and coproduce solutions with our residents and partners.
- We will empower residents and communities to influence local provision and make informed choices.

Outputs

- Develop a shared understanding of the needs of older people through the refresh of the Older People's Health Needs Assessment.
- Develop an annual work plan to record progress made and contributions to improving the health and wellbeing of older people.
- Provide oversight of relevant local work programmes and ensure connections with regional and national agendas.
- Maintain Age-Friendly Community status for Trafford.

Core Membership - Public Health, Adult Social Care, ICB, VCFSE orgs, Voices of lived experience, Older peoples network rep, GMCA

Governance



Priorities

Healthier Lives

Physical Activity
Healthy Weight – (inc. nutrition and hydration)
Mental Health
Smoking
Alcohol
Health Screening and Vaccination

Independent Living

Housing & Homes
Care & Support
Frailty & Falls Prevention
Unpaid Carers
Dementia
Community Safety

Economic and Social Inclusion

Inclusive Employment
Welfare & Benefits
Transport & Infrastructure
Digital Inclusion
Culture

Prevention Framework

Outcomes

Trafford is a place where the environment and local organisations enable people to live healthy and independent lives. This is reflected in improved outcomes for residents

Trafford residents spend more years of life in good health

Increased healthy life expectancy

Reduced inequality in healthy life expectancy

Reduced emergency hospital admission due to Falls

Increased estimated Dementia diagnosis rate

Increased rates of health screening and vaccinations among older residents

Increased physical activity levels of older residents

Older residents are economically and socially included

Fewer older residents (and carers) feel lonely/isolated

Increased pension credit claiming

Reduced fuel poverty

Questions for HWBB

- Any thoughts on name change?
- Are you happy with vision, function and membership of the board?
- Are you happy with the suggested priorities and outcomes?
- How & how often would HWBB like to be receive updates from Age Well Board?